

# TELEHEALTH & VISITING SPECIALIST CENTER

Open Door Community Health Centers

## HIV / Hepatitis C Telemedicine Guidelines

### Disease specific requirements

#### **Hepatitis C treatment:**

Clean and sober for 6 months.  
Optimal BMI, assistance with weight loss.  
Serious consideration of psychiatric disorders and depression being exacerbated during treatment.

#### **Tests prior to consult:**

Quantitative HCV RNA by PCR or DNA  
HCV Genotype  
CBC, CMP, Pro-time / INR  
Iron, TIBC, Ferritin  
Alpha-fetoprotein(AFP), ANA  
TSH  
Liver panel  
Hepatitis A Ab, HBsAb, HBsAg, HBcAb  
Urine Tox screen if appropriate  
HIV testing if appropriate

#### **If available:**

Liver Biopsy  
Liver sonogram  
Abdominal ultrasound  
Abdominal MRI or CT Scan

#### **HIV-new patient**

HIV antibody test

#### **HIV-patients who have been in care**

Not on meds: HIV viral load  
On meds: HIV ultra sensitive viral load  
CD4 count

#### **Consultant:**

Gail Hovorka, MD

#### **Appointment Scheduling:**

New: 45 min                      Follow Up: 30 min

#### **Payment Options:**

Sliding Fee Scale  
50% / 35% / 20% off total visit price

Medi-Cal, MediCare, CMSP, Healthy Families

#### **Please send the following information prior to scheduling an appointment:**

1. Completed Telemedicine Referral Form
2. Recent H&P and all applicable clinical information from patient chart, including medication list, master problem list, recent chart notes regarding liver disease, and record of immunizations for Hepatitis A and B
3. Prior antiretroviral meds.

