

# TELEHEALTH & VISITING SPECIALIST CENTER

Open Door Community Health Centers

## Orthopedics (Soft Tissue) Telemedicine Consultation

The following is a listing of clinical conditions appropriate for specialty orthopedic consultation.

If you would like to refer a patient with a condition that is not listed below, please send your request with the patient's chart notes to the TVSC Office for the specialist's consideration.

### **Evaluation of Orthopedic conditions including:**

#### *Acute/chronic shoulder injuries including:*

Rotator cuff tendonitis  
Shoulder dislocations  
Extensor tendonitis  
Lateral epicondylitis of the elbow  
Hand and wrist injuries

#### *Acute and chronic knee injuries:*

Quadricep and calf hamstring injuries  
Patello-femoral pain syndrome of the knee  
Meniscal injury of the knee  
Acute chronic ankle injury  
Plantar faciitis of the foot

#### *Hand & wrist pain/injury::*

CTS  
Cubital tunnel syndrome  
Trigger fingers  
De Quervain's syndrome

#### *Major & minor joint arthritis:*

Hips  
Knees  
Etc.....

### **Consultant:**

Asa Stockton, MD

### **Appointment Scheduling:**

New: 30 min                      Follow Up: 15 min

### **Payment Options:**

Sliding Fee Scale  
50% / 35% / 20% off total visit price

Medi-Cal, MediCare, CMSP, Healthy Families

No private insurances will be billed for in-person services

### **The following information must be received prior to scheduling an appointment:**

1. Completed Telehealth Referral Form
2. Recent H&P and all applicable clinical information from patient chart.
3. X-rays must be ordered & completed prior to patient's appointment.