

Humboldt County Community Resources COVID-19 Response

Below are the top 10 resource categories outlined to help individuals and families during COVID-19. Information is subject to rapid change. Contact the Member Services Department at (707) 269-7073 or your clinic's Case Manager for detailed up-to-date resource information or assistance with navigation and enrollment.

1. Food

- a. Food for People
 - i. Call to schedule an appointment: (707) 407-0447
 - ii. Countywide pantry listings: <http://foodforpeople.org/programs/pantry-network>
- b. Oh SNAP located on HSU's campus
 - i. Pre-bagged food distributions twice per week. <http://hsuohsnap.org/>
- c. Betty Chinn
 - i. Meal distribution 3:30-4:30pm 7 days/week, first come first serve. (707) 407-3833
- d. St. Vincent de Paul & Free Meal
 - i. Hot lunch 11-12:30pm daily, open to all community members. (707) 445-9588
- e. Salvation Army
 - i. Weekly food bags. Call (707) 442-6275
- f. Humboldt Senior Resource Centers
 - i. Meals available for drive-by pick-up, Mon-Fri. Call to make a reservation.
 - ii. Arcata- (707) 825-2027; Eureka- (707) 442-1181; Fortuna- (707) 725-6245
- g. Arcata House Partnership Annex
 - i. Serving food-to-go Monday-Friday 1-4pm. Call (707) 633-6236
- h. Humboldt County Office of Education (Complete list of school districts' lunch distribution schedules)
 - i. <https://hcoe.org/covid-19-2/school-meal-times-and-locations/>
- i. Family Resource Centers: visit <https://www.hnfrc.org/> for resource information & details
- j. Instacart: www.instacart.com
 - i. Grocery orders can be placed online & picked up at the store or delivered to your home. Accepts EBT.
- k. Stores with special hours for seniors and immunocompromised individuals
 - i. North Coast Co-Op: 7-8am everyday
 - ii. Eureka Natural Foods: 7-8am everyday
 - iii. Safeway: 6-9am Tues/Thurs
 - iv. Target: 8-9am Wednesdays
 - v. Costco: 8-9am Tues/Thurs
 - vi. Wildberries: 6-7am everyday
 - vii. Walgreens: 8-9am Tuesdays

2. Housing: Homeowners & Renters Rights

- a. Eviction Moratorium in place for Eureka, Arcata, Trinidad. (As of 4/2/20)
 - i. <https://caanet.org/governor-issues-executive-order-on-covid-19-and-evictions/> for general information
- b. Legal Services of Northern California: Call (707) 445-0866 or visit <https://lsnc.net/>
- c. Homeowners: Contact your mortgage holder. Many lenders are offering options to delay mortgage payments

3. Transportation

- a. Humboldt Transit Authority: Free service on HTA busses. 707-443-0826
- b. PHC-MTM Transportation Program: Transportation to medical appointments for those with Partnership Health Insurance (Medi-Cal)
 - i. Non-Medical Transportation: (888)-828-1254
 - ii. Non-Emergent Medical Transportation: (800)-809-1350
- c. Area 1 Agency on Aging: Volunteer Driver Program (55+ years old)
 - i. Medical transportation, grocery & medication delivery. Call (707) 442-3763 to enroll.

4. Mental Health

- a. Humboldt County Mental Health:
 - i. COVID-19 mental health support line: 707-268-2999, M-F 8-5pm
 - ii. CMH crisis line: (707) 445-7715, Available 24-hrs/day
- b. National Suicide Prevention Lifeline 800-273-8255; Live online chat <https://suicidepreventionlifeline.org/chat/>
- c. The Friendship Line: 24-hour warmline for those 60+ years old or disabled. Call 1-800-971-0016
- d. Crisis text line: 24/7 crisis support via text message. To connect, text NAMI to 741-741

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5. EDD State Disability Insurance (SDI), Unemployment Insurance (UI) & Employee Rights

- a. Program comparison: <https://www.labor.ca.gov/coronavirus2019/#chart>
- b. File a claim for SDI or UI online; <https://edd.ca.gov/claims.htm>.
- c. Up-to-date information on EDD programs https://www.edd.ca.gov/about_edd/coronavirus-2019.htm
- d. Expanded Family Medical Leave & Paid Sick Leave under FFCRA:
https://www.dol.gov/sites/dolgov/files/WHD/posters/FFCRA_Poster_WH1422_Non-Federal.pdf

6. Public Health & Prescription Medications

- a. Many pharmacies are open and offering delivery services. Call your pharmacy for specific queries.
 - i. Local pharmacies currently offering delivery:
 - Barnes Arcata Family Drug
 - Cloneys Pharmacy (all locations)
 - CVS Pharmacy
 - Green's Fortuna Pharmacy (Fortuna area only)
 - Limas Pharmacy
- b. Public Health COVID-19 Information Line:
 - i. Community information line: (707) 441-5000. Medical advice or testing questions: (707) 445-6200

7. Utilities, Phone & Wi-Fi

- a. California Lifeline
 - i. Free cell phone service. Call (877) 858-7463 or go online <https://www.californialifeline.com/en>
- b. Economy Internet from Altice through Suddenlink
 - i. 60 days free to new customers with kids K-12 and/or college students (888)633-0030 or (844)358-3147
- c. Utility payment support through The Salvation Army (707) 442-6475

8. Hygiene

- a. Public restrooms:
 - i. Samoa Boat Launch: 295 New Navy Base
 - ii. Arcata: corner of 8th & F St, Arcata
 - iii. AHP Annex (porta potty):501 9th St, Arcata
 - iv. Del Norte St. Park: 1200 West Del Norte St, Eureka
 - v. Old Town: corner of 2nd & F St, Eureka
 - vi. St. Vincent de Paul (ADA porta potty): 35 W. 3rd St
- b. Hand-washing stations:
 - vii. Rescue Mission: 110 2nd St., Eureka
 - viii. St. Vincent de Paul: 35 W. 3rd St., Eureka
 - ix. Arcata House Partnership Annex: 501 9th St., Arcata
 - x. Rio Dell: corner of Wildwood & Elko, Rio Dell
- c. Showers
 - i. Betty's Showers: 35 W. 3rd St., Eureka

9. Benefits Programs

- a. Dept. of Health and Human Services (DHHS) Social Services-- CalWORKS, CalFresh, Medi-Cal & General Relief
 - i. Call Center: 1-888-410-8809; Online: <https://www.getcalfresh.org/> or <https://www.c4yourself.com>
- b. Open Door Member Services: CalFresh, Medi-Cal & Cov.Ca. (707) 269-7073 (HumCo) or (707) 465-1988 (DN)
- c. WIC: (707) 445-6255

10. Families with children

- a. Meal and scholastic assistance through the Humboldt County Office of Education <https://hcoe.org/covid-19/>
- b. Family Resource Centers: visit <https://www.hnfrc.org/> for resource information & details
- c. Salvation Army: (707) 442-6475. Offering weekly kid's activity packs.

Further Assistance & Information

Humboldt Network of Family Resource Centers

- New web link with real-time info. regarding resource availability during COVID-19: <https://www.hnfrc.org/>
- Main search engine (updated quarterly): <https://www.hnfrc.org/home/resource-search-engine>
- Resources vary but may include: housing, food & utility assistance, hygiene products, diapers, laundry vouchers.

211 Humboldt Information and Resource Center

- Contact: Dial 2-1-1 or call 707-441-1001 directly
- Distributing emergency food boxes, toilet paper, diapers and disinfectant soap Friday-Sunday.

Area 1 Agency on Aging (A1AA)

- Senior Info & Assistance: (707) 442-3763; SIG:<http://www.a1aa.org/sites/default/files/SIG%202020-2021.pdf>